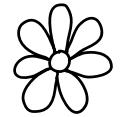
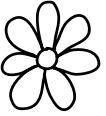


**SHARE THIS WITH SOMEONE
YOU'D LOVE TO KNOW
MORE ABOUT**



Name the things that make you feel grounded and secure.

A PERSON:

A PLACE:

A BOOK:

A SONG:

AN ACTIVITY:

